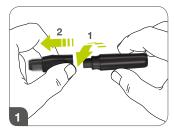


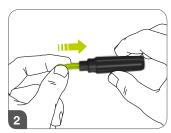




## Preparation



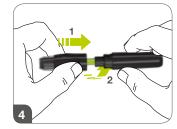
Twist and remove cap.



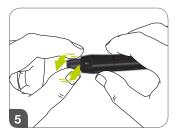
Insert new lancet.



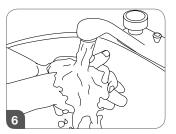
Twist off protective lancet cap.



Replace cap and twist.



Set lancing depth.



Wash and dry hands.



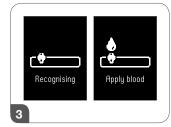
## **Blood sugar measurement**



Remove test strip and re-close box.



Insert test strip. The mylife™ Unio™ blood glucose meter starts automatically.



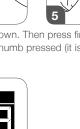
Wait until the symbol "Apply blood" appears.



Keep safety button pressed down. Then press finger onto the cap of the lancing device – Keep thumb pressed (it is not necessary to tighten).

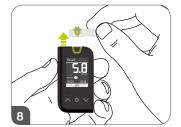


Apply blood.





The reading can be directly assigned a marker (before/after meal) using the up/down buttons.



Hygienic removal of the test strip without blood contact.



